

# The Towers Hotel & Spa

## Menu



### Starters / Light Bites

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|---|---|
| Classic Prawn Cocktail with Marie Rose Dressing - <b>£7.50</b>                  | Freshly Made Soup with Fresh Baked Bread - <b>£6.50</b>                 |
| Moroccan Spiced Falafel with Houmous and Tzatziki (v) - <b>£7.00</b>            | House Pate offered with Onion Marmalade and Warmed Toast - <b>£7.25</b> |
| Indian Spiced Vegetable Samosas with Mango Chutney and Raita (v) - <b>£7.00</b> | Southern Fried Chicken Wings with Chipotle Mayo - <b>£7.50</b>          |
| Salt and Pepper Squid with Lemon Aioli - <b>£7.50</b>                           |   |

### Salads

**Chicken Caesar Salad - £7.95 Starter / £13.95 Main**  
*Little Gem Lettuce, Boiled Egg, Parmesan Cheese, Garlic Croutons and our House Dressing topped with Chargrilled Chicken Breast*

**Teriyaki Marinated Salmon, Chicken or Tofu - £14.50**  
*Served on a bed of Salad Leaves with Asian Slaw*

### Main Dishes

**Traditional Roast Dinner - £13.50**  
*Choice of Meat, or Nut Roast, served with All the Trimmings, and our Homemade Gravy*

**Classic Fish and Chips - £13.95**  
*Cod Fillet with Mushy Peas and Hand Cut Fries (A Choice of Crispy Beer Battered, Simply Grilled or Topped with Cheese)*

**Chicken Madras Curry - £13.95**  
*Served with Rice, Popadom's, and Chutneys*  
Also Available as Vegetarian with Seasonal Mushrooms (v)

**Penne Pasta Pesto - £12.95 (v)**  
*Pasta with Fresh Green Vegetables and Garlic Bread Slice*  
Add Chicken - £14.00

**Grilled Fillet of South Coast Plaice - £14.50**  
*Served with Boiled Potatoes and Peas*

**Baked Breast of Chicken, wrapped in Bacon, topped with Melted Cheese in a Rich Barbeque Sauce - £13.95**  
*Served with Coleslaw and Hand Cut Chips*

### From The Chargrill

8oz Prime Fillet Steak - **£23.50**

10oz Sirloin Steak - **£21.95**

Trio of Lamb Chops - **£14.95**

12oz Gammon Steak with a fried egg or Glazed Pineapple Slice - **£15.50**

Butterflied Breast of Chicken Marinated in Garlic and Thyme - **£13.95**

*All grills served with Tomato, Mushrooms and Hand Cut Fries.*

**Towers Prime Beef, Chicken or Veggie Burger - £13.95**  
 Chargrilled 6oz Beef Steak Patty, Chargrilled Chicken Breast or a Fried Butternut Squash, Goats Cheese and Beets Patty in a Bun with Coleslaw and Hand Cut Fries

Add Burger Toppings:

Melted Cheese - **£1.00**

Bacon - **£1.50**

Double Up - **£4.00**

### Sides

Breaded Wholetail Scampi	<b>£4.00</b>
Tempura King Prawns with Sweet Chilli	<b>£5.00</b>
Peppercorn Sauce	<b>£2.50</b>
Garlic Butter	<b>£1.50</b>
Onion Rings	<b>£2.50</b>
Garlic Bread	<b>£3.00</b>
Garlic Bread with Cheese	<b>£3.50</b>
Freshly Baked Bread	<b>£1.50</b>
Garden Salad	<b>£3.00</b>
Hand Cut Fries	<b>£2.95</b>
Medley of Seasonal Vegetables	<b>£3.00</b>
Peas	<b>£2.00</b>

**Please ask your server for today's specials**

**Please advise a member of staff if you have any allergies or dietary requirements.**

**Desserts start from £5.95  
 Welsh Cheese Platter £7.95**