



Swansea Bay

TOWERS HOTEL & SPA

Wales

Why not finish your meal with one of our Desserts...

Please ask a member of Staff for a Dessert Menu.

Cheese Board £6.50

Selection of 3 types of Mature Cheese served with Fresh Fruit and a Selection of Crackers.

Coffees

Filter Coffee	£2.00
Cappuccino	£2.50
Latte	£2.50
Espresso	£2.00
Hot Chocolate	£2.50
Floater	£2.50
Floater & Liquor	£4.50

Lunch Menu

Starters

Soup of the Day £4.25

Freshly Prepared Soup served with Freshly Baked Bread

Please ask Waitress for today's seasonal soup

Classic Prawn Cocktail £5.95

Finest Peeled Prawns topped with Marie Rose Sauce

Smooth Brussels Pate £5.95

A Smooth Brussels Pate with a Sweet Red Onion Marmalade and Fresh Crostini

Tempura Prawns £5.95

Deep Fried Crispy Tempura King Prawns with a Sweet Chilli Sauce

Toasted Brushetta £5.25

Topped with Peppers, Sunblushed Tomatoes and Parmesan Cheese

Honey Dew Melon £5.25

Fanned Honey Dew Melon served with Raspberry Coulis

Towers Rarebit £4.25

Toasted Garlic Bread Slices topped with a Welsh Cheese Gratin

Caesar Salad £5.50

Classic Caesar Salad. Crisp Lettuce with Parmesan, Croutons and a Caesar Dressing

Smoked Salmon £6.25

Served with Prawns, Cucumber and Mint

Mains

Sausage and Mash £8.50

Fresh Local Pork and Chive Sausages with a Creamed Potato Mash, Onions and a Rich Gravy

Minted Lamb Chops £9.95

Sweet Mint Marinated Lamb Cutlets accompanied with Grilled Tomato and Sautéed Mushrooms

14oz Gammon Steak £11.50

Served either with a Fried Free Range Egg or a Sweet Pineapple

Towers Chicken Balti £9.50

Medium Spiced Curry with Steamed White Rice, Poppadom and Chutney Plate

Pork Loin £9.95

Chargrilled Double Pork Loin Steak served with a Creamy Honey and Wholegrain Mustard Dressing

Chicken Cesar Salad £9.95

Welsh Smoked Black Mountain Chicken Cesar Salad, with Crisp Lettuce and Fresh Parmesan Shavings

Pasta Arrabiata £8.50

Fresh Penne Pasta with a Spicy Tomato Sauce Topped with Fresh Parmesan Shavings and Garlic Bread

Vegetable Tartlet £8.50

Mediterranean Roast Vegetable and Tomato Tartlet Glazed with Mature Cheddar served with Crisp Leaf and a Balsamic Reduction

North Atlantic Cod £10.50

Cod Fillet cooked in a Homemade Beer Batter, Simply Grilled or Topped with Melted Cheese

Black Mountain Oak Smoked Salmon £10.50

Welsh Smoked Scottish Salmon Fillet with a Fresh Herb Salad, Drizzled with Basil Oil and Balsamic Reduction

Seabass £11.95

Fresh Fillets of Sea bass served with Mediterranean Vegetables

Chicken Chasseur £9.75

Chicken Breast Chasseur served with Red Wine and Mushrooms topped with Crisp Bacon

Creole Chicken £9.75

Breast of chicken flavoured with Cajun and Sweet Chilli Dressing served with Coleslaw and Crisp Leaf salad

Grilled Plaice £10.50

Fresh grilled fillet of plaice served with lemon and parsley butter

Mains

Our Steaks

A Selection of Prime Quality British Steak, matured for 28 days, Char Grilled, accompanied with Sweet Grilled Tomato and Sautéed Mushrooms

6oz Fillet Steak £15.50

8oz Sirloin Steak £12.95

12oz Rump Steak £14.95

16oz Porterhouse Steak £18.50

Surf And Turf £12.50

Prime 6oz Sirloin Steak with a Crisp Salad and Deep Fried Tempura Prawns served with a Chilli Dip

Towers Pepper Steak £10.95

6oz Sirloin Served with Cracked Black Creamy Pepper Sauce

Towers Classic Roast Dinner £9.50

Served with all the trimmings and our own Homemade Welsh Gravy.

Please ask for Today's Selection of Roasts.

Towers Main Course Salad £8.95

Please ask for Today's Selections of Meats and Salads.

Sauces and Sides

Freshly Baked Bread £1.95

Towers House Salad £2.95

Toasted Garlic and Herb Slices £2.50

Creamy Peppercorn Sauce £2.50

Chasseur Sauce £2.50

Portion of Chips £2.50

Sauté Mushroom £2.50

Also see our Daily Specials